



PREFERRED LIES

AMATEUR GOLFERS OF ORLANDO

www.agogolf.net

P. O. BOX 140181

ORLANDO, FL. 32814-0181

VOLUME 39

December 2011

NUMBER 12

NEXT TOURNAMENT Reunion Jack Nicklaus 8:30 Sunday December 18 for \$50. Tournament Format Individual 3-4 Flights. Entry Fee \$50 total (includes green fees, cart, prize certificates, 50/50, closest to pin, and hole-in-one pot). AGO Hotline Phone number 407-273-7798. USGA rules of golf apply during all AGO events. Register for Reunion Jack Nicklaus using mail, phone (hotline), email & fax (larry@allbusinessprinting.com & fax 407-677-0465).

Results from Black Bear, November 20, 2011

Low Gross Robert Czechowski 78 \$45

Low Net Mark Frazer 91 - 28 = 63 \$45

A Flight

- 1) Russ Judge 83 - 14 = 69 \$35
- 2) Larry Bretz 80 - 10 = 70 \$26
- 3) Brian Hartman 81 - 10 = 71 \$22
- 4) Trey Keeley 80 - 07 = 73 \$18
- 5) Charles Brookes 84 - 10 = 74 \$14

B Flight

- 1) Jim Noon 88 - 21 = 67 \$35
- 2) John Nelson 89 - 20 = 69 \$26
- 3) George Frey 90 - 19 = 71 \$22
- 4) Rusty Miller 92 - 21 = 71 \$18
- 5) Mike Frazer 94 - 21 = 73 \$14

C Flight

- 1) Terry Johnson 98 - 34 = 64 \$35
- 2) Dave Buffum 92 - 26 = 66 \$26
- 3) Ed Smelser 95 - 28 = 67 \$22
- 4) Gary Sweat 101 - 34 = 67 \$18
- 5) Don McGinnis 93 - 24 = 69 \$14

Closest to the Pin \$10

#3 Jim Noon; #5 Trey Keeley; #11 Mark Frazer; #15 Trey Keeley

Blind Bogey - #74 \$10

Charles Brookes, John Ingram, Lenny Palumbo, Paul Singhofen, Joe Johnson, Wen Stocksett, Dave Gamble

50 - 50 Charles Brookes \$80

Low Putts Larry Bretz - 25 putts \$10

Gross Skins 3 Skins \$83 Each

Jerry Fusco #1; Paul Orosz #7; Dave Hladky #10

Net Skins 4 @ \$44 each

Mark Frazer Hole 4 Par 5 4-1= Net 3; Dave Gamble Hole 13 Par 4 2-1= Net 1

Jim Bartley Hole 15 Par 3 3-2=Net 1; Lenny Palumbo Hole 18 Par 4 3-2=Net 1

Tom Gill referred new member Paul Orosz \$25

FROM THE PRESIDENT'S DESK – BY LARRY PRILL, PRESIDENT AGO

It was a great day at Black Bear. We had some issues with a few of their members cutting into our group, slowing down play. But other than that, the course was in good shape and management did all that we asked of them. I was impressed that the pro called me the next day to get feedback; most don't do that. So I'm sure we'll be going back there in the near future. We do ask every course we play if they could provide a ranger out on the course to help move players along and to handle any other problems. Some do and others don't.

I thought the course played tough. We only had one player breaking 80 and he was our low gross winner – Rob Czechowski. And here's a name I haven't seen in the winners group for quite a while, congratulations to Mark Frazer for winning the lowest net round of the day, 91-23=63. Your handicap will be adjusted. The winner of Flight A was Russ Judge, Flight B's best was Jim Noon and Tops in flight C was Terry Johnson.

We had other AGO members that did quite well in other ways. For example Trey Keeley was closest to the pin twice, holes #5 & #15. Charles Brookes not only shot a nice 84 but also won \$80 from our 50/50 drawing and was one of the blind bogey winners. Larry Bretz shot a great score of 80, which isn't surprising when you only take 25 putts, very impressive. No one playing the par 3 game hit all four greens but I did give out more sleeves than usual (34).

Other than that, not too much to report. Next month we'll be at Reunion, the Nicklaus course. I tried to change the course to the Watson because the Nicklaus course is so difficult but it is booked that morning. So be ready to bring your "A" game. For the Nicklaus course is one of the most challenging courses in the country (140 slope from senior tees). We played it last year so that may help because you know what to expect. If you do well on this course you do have something to brag about.

We'll continue to use the two tees next month, based on handicap and age. Then your board will discuss in January and decide on whether to continue using it or not. It seems to be popular and I have heard more positive comments, very few negative. If you'd like to make any suggestions about that or anything else, feel free to let me know (Larry@allbusinessprinting.com).

Look forward to playing at Reunion, let's get a good turnout. It will be challenging but should be fun. As always, thanks for your continued support.

UPCOMING TOURNAMENTS

| | | |
|--------------------|-------------------------|------|
| Reunion – Nicklaus | 8:30 Sunday December 18 | \$50 |
| Sanctuary Ridge | 8:00 Sunday January 15 | \$47 |
| Arlington Ridge | 8:00 Sunday February 19 | \$45 |

<http://www.reunionresort.com/golf>

<http://www.sanctuaryridgegc.com/>

<http://www.arlingtonridgegolfclub.com/>

=====
Early Entry: Sanctuary Ridge \$47.00

Sunday January 15, 2011 @8:00

SHOTGUN START. FORMAT: INDIVIDUAL, 3/4 FLIGHTS. (GREEN FEES, CART, PRIZE CERTIIFICATES, BLIND BOGEY, 50/50 AND HOLE-IN-ONE POT).

MY NAME _____ PAIR ME WITH _____

Has your address, phone or email change? Circle: Yes or No

TELEPHONE # _____ Email Address _____

ADDRESS:

(FOR CANCELLATION/INFO CALL AGO BOARD MEMBER) 407-273-7798

AMATEUR GOLFERS OF ORLANDO, P. O. BOX 140181, ORLANDO, FL. 32814-0181

Directions to Sanctuary Ridge www.sanctuaryridgegc.com

Take I-4 to SR 408 W; SR 408 W to Florida Turnpike North; Take exit 272 W. Colonial Drive SR 50 towards Clermont; Turn right on N. Hancock Rd; golf course will be .7 miles on the right.

Entry: Reunion – Jack Nicklaus course \$50.00

Sunday December 18, 2011 @ 8:30

SHOTGUN START. FORMAT: INDIVIDUAL, 3/4 FLIGHTS. ENTRY FEE: \$50.00. (GREEN FEES, CART, PRIZE CERTIFICATES, BLIND BOGEY, 50/50 AND HOLE-IN-ONE POT).

MY NAME _____ PAIR ME WITH _____

Has your address, phone or email change? Circle: Yes or No

TELEPHONE # _____ Email Address _____

ADDRESS:

(FOR CANCELLATION/INFO CALL AGO BOARD MEMBER) 407-273-7798

AMATEUR GOLFERS OF ORLANDO, P. O. BOX 140181, ORLANDO, FL. 32814-0181

Directions to Reunion – Jack Nicklaus

Take I-4 west to exit 58 SR 532. Left on SR532. Reunion Resort will be on the left. Follow signs to golf course. 7593 Gathering Drive, Reunion, FL (877) 845-9176

5-3/3.5 Player Lifts Ball on Putting Green, Throws Ball into Lake and Then Announces That Ball Is Unfit For Play

Q. A player miss-hits his approach shot but the ball comes to rest on the putting green. The player marks the position of his ball, inspects it and throws it into an adjacent lake from which it cannot be retrieved.

The player then announces to his opponent, marker or fellow-competitor that the ball was unfit for play and that he is substituting another ball. The player did not, as required by Rule 5-3, announce his intention in advance to his opponent in match play or his marker or a fellow-competitor in stroke play and give his opponent, marker or fellow-competitor an opportunity to examine the ball.

What is the ruling?

- A. The player was entitled under Rule 16-1b to lift his ball without announcing his intentions. However, when he threw the ball into the lake, he deprived his opponent, marker or fellow-competitor of the opportunity to examine the ball and dispute the claim of unfitness, and he made it impossible to replace the original ball should such a dispute be resolved against him. Accordingly, he incurs a penalty of loss of hole in match play or two strokes in stroke play for a breach of Rule 5-3, but he may substitute another ball to complete the hole.**

Conditioning Exercises for Improving Golf Focus on Core Strength and Flexibility By Elizabeth Quinn, About.com Guide

Golfers need to focus on technique to see improvement, but two basic components of conditioning can improve your golf fitness and reduce your risk of injury.

The two areas to focus on include core strength /stability and flexibility exercises. The muscles of the core are the powerhouse and the foundation of your golf swing so proper conditioning will make a huge difference in the power you get from your long shots. Good core strength also allows you to have more endurance so your short game is more precise, fresh and controlled. The core exercises work the muscles of the abdominals, back and hips. Many other muscles attach to this area so the midsection is considered the foundation of all movement.

Golf and flexibility go hand in hand and you need to spend a bit of time on range of motion for the perfect golf swing. If your muscles are tight and not flexible you will have reduced range of motion and a short swing. Pro golfers have amazing range and a fluid swing, in large part because of flexibility in the shoulders, torso, and hips.

LEADING MONEY WINNERS 2011/2012

| | | | | | |
|----------------|-------|---------------|------|--------------|------|
| CZECHOWSKI, R. | \$157 | BRETZ, L. | \$46 | DANJOU, J. | \$26 |
| FUSCO, J. | \$110 | Dempsey, | | Gosch, | |
| CLAXTON, S. | \$100 | David | \$45 | Randy | \$26 |
| Keeley, Trey | \$99 | Gamble, Dave | \$45 | Hoefl, Wally | \$26 |
| JUDGE, R. | \$96 | Kimbley, W. | \$45 | LOPEZ, T. | \$26 |
| ADAMSON, B. | \$89 | Mease, Bill | \$45 | NELSON, J. | \$26 |
| Palumbo, Lenny | \$89 | RICE, M. | \$45 | Rice, Cory | \$26 |
| FRAZER, MI. | \$84 | Ruggiero, Joe | \$45 | ATKINSON, | |
| BROOKES,C. | \$75 | FREY, G. | \$44 | J | \$22 |
| MCGINNIS, D. | \$75 | O'Neill, | | GONZALEZ, | |
| SEARCY, J. | \$73 | Michael | \$44 | J. | \$22 |
| NOON, J. | \$71 | Blackwell, | | SWANSON, | |
| Roberts, Kevin | \$71 | Steve | \$40 | M. | \$22 |
| SMELSER, E. | \$68 | HLADKY, D. | \$40 | Uppenkamp, | |
| Moen, Russell | \$66 | HUBBARD, T. | \$40 | Bob | \$22 |
| MILLER, G. | \$59 | KINSEY, T. | \$40 | Brocato, | |
| Chandler, Al | \$58 | ASHBY, D. | \$36 | Ray | \$18 |
| Hartman, Brian | \$58 | Gill, Tom | \$36 | Gause, Tom | \$18 |
| Johnson, Joe | \$58 | GOODMAN,G. | \$36 | LAYMAN, T. | \$18 |
| WOLBERG, A. | \$57 | BURT, B. | \$35 | MASON, W. | \$18 |
| FRAZER, MA. | \$55 | Copley, Ken | \$35 | MILLER, R. | \$18 |
| BUFFUM, D. | \$48 | Johnson, | | Sweat, Gary | \$18 |
| | | Terry | \$35 | BRUESSEL, | |
| | | KOUBEK, T. | \$35 | G. | \$14 |
| | | MANOOKIAN, | | PRIEM, T. | \$14 |
| | | M. | \$35 | INGRAM, | |
| | | Bishop, Jim | \$28 | JO. | \$10 |
| | | Quintero, | | Jaworowski, | |
| | | Conrad | \$28 | Adam | \$10 |
| | | Smith, Tim | \$28 | LEHMAN, T. | \$10 |
| | | | | Pulling, | |
| | | | | Brian | \$10 |
| | | | | Stout, Jarib | \$10 |

AMATEUR GOLFERS OF ORLANDO
P. O. BOX 140181 ORLANDO, FLORIDA 32814-0181

FIRST CLASS MAIL